

NOMV Resources



The Resources listed here are available to anyone who needs them.

- Click on the links in the boxes to go directly to the each one
- Scan the QR code to go to NOMV.org to learn more
- You can also reach out with any needs to info@nomv.org

Lifeboat is an anonymous peer support platform for veterinary professionals. Anyone can sign up to talk with peers anytime.

LIFEBOAT.NOMV.ORG

NOMV's List gathers peer-suggested resources from other veterinary professionals from around the world.

NOMV.ORG/SEARCH-LISTINGS

NOMV has limited funds available to provide in the form of **one-time grants** for veterinary professionals suffering from a temporary financial crisis. Individuals can apply on NOMV's website.

NOMV.ORG/APPLY-FOR-A-GRANT

NOMV's VMHS program offer support groups and individual sessions for veterinarians, as well as monthly psychoeducational webinars on topics relevant to mental health in veterinary medicine.

EMAIL_VMHS@NOMV.ORG

NOMV is a community dedicated to improving the wellbeing of veterinary professionals.

NOMV envisions a veterinary profession that honors and elevates sustainable wellbeing.

NOMV will transform that status of wellness in the profession so that veterinary professionals can survive and thrive through education, resources, and support.